

2020

Singing Growth Mindset

1. Words that describe my voice are...
2. I am grateful for singing because...
3. My voice is unique because...
4. I am proud of my singing because...
5. My favorite songs to sing are...
6. I like to sing these songs because...
7. I am inspired to sing because...
8. The way I feel when I sing is....
9. One area of growth I have made in my singing lessons is....

Singing mantras to remember:

I can make a mistake and learn from it
My voice is growing and changing
I can learn anything and sing it my way
This week, I will try something new in my singing
Where there's a will there's a way
It's ok if I need more time to learn something
Learning to sing can sometimes mean I make wiggly sounds as I grow
Limits only exist in my mind

Use these words to describe your singing and/or the singing of your favorite artist:

strong/flexible/creative/vibrant/buoyant/lyrical/efficient/calm/
unique/smooth/expressive/lyrical/energizing/confident/capable/
ringing/expansive/steady/robust/budding/full/light/graceful/
refined/radiant/pleasing/engaging/special